

Survey Questions

Please administer this survey to your beneficiaries to assess the impact of your holistic empathy programming.

Mandatory Questions

- 1) Having completed holistic empathy programming, how empathic do you feel you are?
 - a) A lot less
 - b) A little less
 - c) Neutral
 - d) A little more
 - e) A lot more

- 2) On the below scale, how holistically empathic do you feel you are? (Holistic Empathy is having empathy for humans, animals, and the environment, recognizing the interconnectedness of all three.)
 - a) A lot less
 - b) A little less
 - c) Neutral
 - d) A little more
 - e) A lot more

- 3) Do you believe the wellbeing of humans, animals, and the environment are interconnected?
 - a) Strongly disagree
 - b) Somewhat disagree
 - c) Neither agree or disagree
 - d) Somewhat agree
 - e) Strongly Agree

- 4) Did you feel emotionally affected by the holistic empathy programming?
 - a) Strongly disagree
 - b) Somewhat disagree
 - c) Neither agree or disagree
 - d) Somewhat agree
 - e) Strongly Agree

- 5) Do you feel that the holistic empathy programming has been useful to you?
 - a) Strongly disagree
 - b) Somewhat disagree
 - c) Neither agree or disagree
 - d) Somewhat agree
 - e) Strongly Agree

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- 6) Do you think the holistic empathy programming you received will alter your actions or behavior in the future?
 - a) Strongly disagree
 - b) Somewhat disagree
 - c) Neither agree or disagree
 - d) Somewhat agree
 - e) Strongly Agree

 - 7) Please explain your answer to question 6.
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Optional Questions

- 1) Do you have any suggestions on how we could improve the holistic empathy programming?

- 2) Do you think holistic empathy has the ability to create long term and sustainable change?

- 3) Do you now feel you have more empathy for (please circle):
 - a) Humans: Yes/No
 - b) Animals: Yes/No
 - c) Environment: Yes/No

- 4) Do you have any additional thoughts you would like to share?